

Self Assessment thought starters from performance evaluations:

The thing I would most like to change about my self/my life is...

It would be great if I didn't have to...

It's a waste of time to...

I would be much more productive if I could...

I would be much more productive if I didn't have to...

Some resources that would help increase my effectiveness are...

It's really difficult to have to...

I really get motivated when...

The biggest challenge I face is...

My biggest strength is...

The #1 problem or concern I see is...

A solution could be...

The project I am proudest of accomplishing is...

My biggest failure or disappointment has been...

I really need to work on...

If I could plan an ideal schedule it would look like...

The one task/idea/project I would most like to try is...

The problems that are keeping me from doing it are...

Some ideas for solutions are...

I would really like to learn more about...

The least favorite thing I have to do is...

The thing I most enjoy doing is...